



June 24, 2026

PROVIDER ALERT - Upcoming EPSDT Medical Record Review

MedStar Family Choice would like to remind providers of the upcoming annual Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) Medical Record Review conducted by Qlarant, the External Quality Review Organization (EQRO) contracted by the Maryland Department of Health (MDH).

Medical record requests will be distributed between July 20, 2026 to October 16, 2026.

This audit will assess documentation supporting the delivery of all age-appropriate EPSDT screenings and services for members during the requested review period.

Timely and complete submission of medical records is both a regulatory requirement and a requirement of your provider agreement. Incomplete or missing documentation may result in follow-up outreach from MedStar Family Choice to facilitate record collection.

To ensure accurate audit findings, please submit **ALL** relevant documentation supporting delivery of EPSDT assessments and services, including, but not limited to:

- Well child visit notes and progress notes in the timeframe
- Forms / charts / flow sheet attachments
- Screening forms (lead risk assessment, depression screening, etc).
- Laboratory results
- Periodicity forms including possible transferred medical records including relevant documentation.

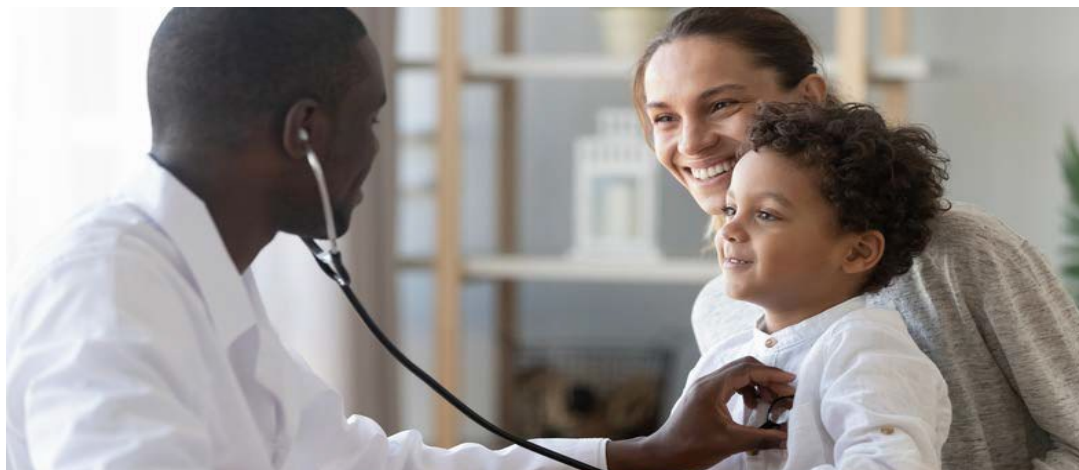
The Maryland Department of Health requires a minimum performance threshold of 80% on each element of review. Scores below this threshold will result in corrective action executed by MedStar Family Choice and/or other participating MCO.

We encourage you to review and share the attached EPSDT Healthy Kids Quick Reference Guide, which contains important guidance on EPSDT requirements and documentation standards.

If you have questions regarding the EPSDT Medical Record Review, please contact: Kimberley Wedmore Quality Improvement Specialist at Kimberley.Wedmore@medstar.net

Thank you for your cooperation and continued commitment to providing high-quality care to our members.

Provider Relations
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Maryland EPSDT (Healthy Kids)

The state of Maryland **requires** all managed care organizations (MCO's), such as, Medstar Family Choice, to adhere to and undergo an annual audit of the Maryland Early and Periodic Screening, Diagnostic and Treatment (EPSDT)/Healthy Kids standards. Here is a checklist to assist you with the state EPSDT requirements and audit.

EPSDT Laboratory Screening Tests

- * 2 metabolic screenings (PKU) – first test completed 24 hours after birth.
- * Lead and anemia screenings at ages 12 and 24 months.
- * Dyslipidemia screening once between ages 9-11 years, 18-20 years.
- * HIV testing – 1 test between 15 and 18 years.

EPSDT Risk Assessments

- Maternal depression screening when the child is 1 month, 2 months, 4 months, and 6 months of age.
- Tuberculosis risk assessment at 1 month, 6 months, 12 month and then annually.
- Lead risk assessment at 6 months and at every well visit until age 6 years.
- Autism screening required at the 18-month and 24-30-month visits.
- Heart disease risk assessment at 2 years and annually.
- Mental Health & Depression screenings begin at 4 years (or younger if indicated) and then annually.
- Anemia risk assessment at age 11 years and then annually.
- STI/HIV risk assessment at age 11 years and then annually.
- Substance abuse screening begins at age 11 years (or younger, if indicated) and then annually.



Reminders

- Update immunizations, screenings, and assessments in the medical record
- Vaccine history is updated and completed
- A documented referral to a dentist should begin at age 1 and annually
- Enroll in the Vaccines for Children (VFC) program and the Maryland immunization registry (ImmuNet) to update the child's immunization history
- DOCUMENT all refusals of immunizations & care

We're here to help

For more information about EPSDT requirements, go to mmcp.health.maryland.gov > EPSDT