



Maryland EPSDT (Healthy Kids)

The state of Maryland **requires** all managed care organizations (MCO's), such as, Medstar Family Choice, to adhere to and undergo an annual audit of the Maryland Early and Periodic Screening, Diagnostic and Treatment (EPSDT)/Healthy Kids standards. Here is a checklist to assist you with the state EPSDT requirements and audit.

EPSDT Laboratory Screening Tests

- * 2 metabolic screenings (PKU) – first test completed 24 hours after birth.
- * Lead and anemia screenings at ages 12 and 24 months.
- * Dyslipidemia screening once between ages 9-11 years, 18-20 years.
- * HIV testing – 1 test between 15 and 18 years.

EPSDT Risk Assessments

- Maternal depression screening when the child is 1 month, 2 months, 4 months, and 6 months of age.
- Tuberculosis risk assessment at 1 month, 6 months, 12 month and then annually.
- Lead risk assessment at 6 months and at every well visit until age 6 years.
- Autism screening required at the 18-month and 24-30-month visits.
- Heart disease risk assessment at 2 years and annually.
- Mental Health & Depression screenings begin at 4 years (or younger if indicated) and then annually.
- Anemia risk assessment at age 11 years and then annually.
- STI/HIV risk assessment at age 11 years and then annually.
- Substance abuse screening begins at age 11 years (or younger, if indicated) and then annually.



Reminders

- Update immunizations, screenings, and assessments in the medical record
- Vaccine history is updated and completed
- A documented referral to a dentist should begin at age 1 and annually
- Enroll in the Vaccines for Children (VFC) program and the Maryland immunization registry (ImmuNet) to update the child's immunization history
- DOCUMENT all refusals of immunizations & care

We're here to help

For more information about EPSDT requirements, go to mmcp.health.maryland.gov > EPSDT



MedStar Family
Choice

EPSDT Reminders

Helpful Tips Based on MY2024 Audit

MedStar Family Choice has completed the MY2024 EPSDT audit. Below are some helpful tips on how to make sure your documentation is complete.



Screenings:

- **Dyslipidemia Laboratory Test:** Needs to be ordered and completed between the ages of 9-11 years and 18-20 years. If the child is new to the network and practice, it should be ordered on the initial visit if not completed in the past. Refusals must be clearly documented.
- **Vision and Hearing Screenings:** Needs to be completed every year between 3-6 years, then 8, 10, 12, 15, 18 years. If refused or not cooperative, it should be clearly documented.
- **Depression Screening:** For children 11-20 years, the PHQ-9 should be completed. Please note, if using MedConnect, it does not have you automatically complete the proper form if screened negative on the PHQ-2.

Assessments:

- **Physical:** 3+ years should have documentation for eyes and ears as “appears to see” and “appears to hear” by provider.
- **Dentition:** There needs to be clear documentation on the assessment of the mouth including but not limited to, how many teeth, mucous membranes, etc. Dental referrals being at 1 year or documentation of existing “Dental Home”.
- **Blood Pressure:** 3+ years require blood pressure. If refused or not cooperative, there must be clear documentation.

Immunizations:

- **Influenza:** The season runs between September through the end of April. If refused/declined, there must be clear documentation.

The EPSDT Schedule, assessment forms, and other resources can be found at
<https://health.maryland.gov/mcp/epsdt/Pages/Home.aspx>