



**Provider Alert  
December 2025  
Fraud, Waste and Abuse**

MedStar Family Choice is committed to complying with federal and state laws and regulations. This educational notice is intended to provide you with information on laws pertaining to the prevention and detection of fraud, waste, and abuse, in accordance with the requirements of the federal Deficit Reduction Act of 2005. This document also describes the procedures in place within MedStar Health and MedStar Family Choice for detecting and preventing fraud, waste, and abuse.

The MedStar Health Office of Corporate Business Integrity (OCBI) provides all MedStar Health facilities with compliance oversight, billing integrity support, occurrence reporting and resolution, and training and education. In addition, MedStar Health's Internal Audit department conducts routine independent audits of business practices, and all financial managers are required to attend training on the Financial Manager's Code of Ethics and reporting obligations.

Associates (employees), physicians, practitioners, contractors, enrollees, and patients are encouraged to report privacy, financial reporting, human resources, and other compliance concerns. by calling the MedStar Health Integrity Hotline toll-free at 877-811-3411 The hotline is available 24 hours a day.

Individuals can also email OCBI at [complianceofficer@medstar.net](mailto:complianceofficer@medstar.net). MedStar Family Choice Provider Services can also be reached by calling toll-free 888 404-3549. Retaliation for reporting an actual or potential violation or problem in good faith, or for cooperating in a compliance, legal, or other investigation, is expressly prohibited by MedStar Health policies.

**Attachments:**

MFC Requirements Pertaining to False Claims and Statements

MFC Policy: Compliance with Applicable Federal and State False Claims Acts



## **Requirements Pertaining to False Claims and Statements**

This is intended to provide you with information on laws pertaining to the prevention and detection of fraud, waste, and abuse, in accordance with the requirements of the federal Deficit Reduction Act of 2005. This document also describes the procedures in place within MedStar Health and MedStar Family Choice MD & DC for detecting and preventing fraud, waste, and abuse.

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Associates (employees), physicians, practitioners, contractors, enrollees, and patients can also email a compliance professional at OCBI at [complianceofficer@medstar.net](mailto:complianceofficer@medstar.net). MedStar Family Choice Providers may also call MedStar Family Choice Provider Services at 888-404-3549. Retaliation for reporting an actual or potential violation or problem in good faith, or for cooperating in a compliance, legal, or other investigation, is expressly prohibited by MedStar Health policies.

### **Federal False Claims Act**

The federal False Claims Act, 31 U.S.C. §§ 3729-3733, applies to persons or entities that knowingly and willfully submit, cause to be submitted, or conspire to submit a false or fraudulent claim, or that use a false record or statement in support of a claim for payment to a federally funded program. The phrase "knowingly and willfully" means that the person or entity had actual knowledge of the falsity of the claim or acted with deliberate ignorance or reckless disregard of the truth or falsity of the claim. Persons or entities that violate the federal False Claims Act are subject to civil monetary penalties (42 U.S.C. § 1320a-7a) and payment of damages due to the federal government.

Under the False Claims Act, those who knowingly submit, or cause another person or entity to submit, false claims for payment of government funds are liable for three times the government's damages plus civil penalties per false claim.

The False Claims Act civil penalties may periodically be adjusted for inflation, plus three times the amount of damages that the federal government sustains because of the false claim.

The federal False Claims Act provides that any person with actual knowledge of false claims or statements submitted to the federal government may bring a False Claims Act action in the government's name against the person or entity that submitted the false claim. This is known as the False Claims Act's "qui tam" or whistleblower provision. Depending on the outcome of the case, a whistleblower may be entitled to a portion of the judgment or settlement. The federal False Claims Act provides protection to whistleblowers that are retaliated against by an employer for investigating, filing, or participating in a False Claims Act lawsuit.

### **State False Claims Acts**

A number of states have enacted false claims acts in an attempt to prevent the filing of fraudulent claims to state-funded programs.

The District of Columbia has established such an Act under Title 2, Chapter 3 of the District of Columbia Code. The District of Columbia law provides that any person who knowingly presents, or causes to be presented, a false claim, record, or statement for payment by the District, or conspires to defraud the District by getting a false claim paid can be liable to the District for penalties and damages. District of Columbia law allows whistleblowers to bring claims under certain circumstances and protects whistleblowers from retaliation by employers.

Maryland has a similar law. The Maryland False Claims Act prohibits actions constituting false claims, directly or indirectly, to the State of Maryland and/or County governments throughout the State, permits whistleblowers to bring actions under the law, provides protection for whistleblowers from retaliation, and may impose civil penalties and assessments up to three times the amount of damages to the government.

Virginia also has a similar law, known as the Taxpayers Against Fraud Act, established under Chapter 3 of Title 8.01 of the Virginia Code. Virginia's law also permits whistleblowers to bring actions in the name of the Commonwealth of Virginia and protects whistleblowers from discrimination by employers.



## MedStar Family Choice MD and DC Policy

**Subject:** Compliance with Applicable Federal and State False Claims Acts

**Purpose:** To provide information regarding federal and state laws described in the Deficit Reduction Act of 2005, as well as information regarding MedStar Family Choice's policies and procedures for detecting and preventing fraud, waste, and abuse.

**Scope:** This policy applies to MedStar Family Choice associates, management, physicians, consultants, contractors, workforce members and other agents.

**Policy:** It is the policy of MedStar Family Choice and its subsidiaries and affiliated entities that all personnel (including associates, management, physicians, practitioners, consultants, contractors, and other agents) shall comply with all applicable federal and state False Claims Act laws and regulations. MedStar Family Choice has instituted various procedures, which are set forth in the MedStar Health Code of Conduct to ensure compliance with these laws and to assist MedStar Family Choice in preventing fraud, waste, and abuse in federal health care programs. As part of MedStar Family Choice's Compliance Program, personnel shall receive training on these laws, which are summarized below, and should consult the Office of Corporate Business Integrity (who may confer with the MedStar Legal Department, as needed) if they have questions about the applications of these laws to their job.

It is the policy of MedStar Family Choice that retaliation will not be tolerated, in any form, by management or non-management staff against an associate who reports in good faith an actual or potential violation of the Code of Conduct or other type of compliance program violation.

**Procedure:**

### **Definitions**

1. *Federal False Claims Act.*

The federal False Claims Act, 31 U.S.C. §§ 3729-3733, applies to persons or entities that knowingly and willfully submit, cause to be submitted, or conspire to submit a false or fraudulent claim, or that use a false record or statement in support of a claim for payment to a federally funded program. The phrase "knowingly and willfully" means that the

person or entity had actual knowledge of the falsity of the claim or acted with deliberate ignorance or reckless disregard of the truth or falsity of the claim.

Persons or entities that violate the federal False Claims Act can be liable for:

- Fines of up to three times the amount of damages caused the government
- Penalties per violation with amounts adjusted for inflation.
- Exclusion from Medicare and Medicaid.

Under the federal False Claims Act, any person with knowledge of false claims or statements submitted to the federal government may bring a lawsuit under seal on behalf of the United States government (a *qui tam* lawsuit) against the person or entity that submitted the false claim.

Depending on the outcome of the case and other facts, a whistleblower may be entitled to a portion of the judgment or settlement. Any potential award may, however, be reduced or barred if the person who brought the lawsuit was involved in the violation. The federal False Claims Act also provides protection to whistleblowers who are retaliated against by an employer for actions taken in furtherance of a False Claims Act investigation or lawsuit.

## 2. Federal Program Fraud Civil Remedies Act.

The federal Program Fraud Civil Remedies Act imposes penalties on persons or organizations who:

- deliberately submit false statements or claims to certain federal agencies or
- who submit such claims in deliberate ignorance or reckless disregard of their truth or falsity.

Anyone who violates the Program Fraud Civil Remedies Act is subject to:

- Civil monetary penalties per false claim or statement; and
- assessments of up to twice the amount in lieu of damages sustained by the government.

## 3. State Laws.

A number of states have enacted false claims acts in an attempt to prevent the filing of fraudulent claims to state-funded programs.



### District of Columbia (Washington, D.C.)

The District of Columbia has established such an Act under Title 2, Chapter 3 of the District of Columbia Code, which provides that any person who knowingly presents, or causes to be presented, a false claim, record, or statement for payment by the District or conspires to defraud the District by getting a false claim paid, can be liable to the District for penalties and damages. District of Columbia law allows individuals to bring claims under certain circumstances and protects associates from retaliation by employers for actions taken in furtherance of a false claims investigation or lawsuit.

### Virginia

Virginia has a similar law, known as the Taxpayers Against Fraud Act, established under Title 8.01, Chapter 3 of the Virginia Code. Virginia law permits individuals to bring actions in the name of the Commonwealth of Virginia and also protects associates from retaliation by employers for opposing the submission of false claims or statements or for participating in any investigation or lawsuit under the Act.

### Maryland

The Maryland False Claims Act prohibits actions constituting false claims, directly or indirectly, to the State of Maryland and/or County governments throughout the State, , permits whistleblowers to bring actions under the law, provides protection for whistleblowers from retaliation, and in some instances, may impose civil penalties and assessments up to three times the amount of damages to the government.

## **Responsibilities**

Implementation and enforcement of this Policy will be at the entity level.

### **What Constitutes Non-Compliance**

Presenting or causing to be presented, a false claim, record, or statement for payment by federally funded health care programs. Retaliation against an associate, who reports in good faith an actual or potential violation of the Code of Conduct or other type of compliance program violation.

### **Consequences of Non-Compliance**

Failure to comply with this Policy may result in disciplinary action consistent with entity policies, up to and including termination of employment.



### **Requirements and Guidelines for Implementing This Policy**

Every MedStar Family Choice associate is required to report any situation that he or she believes is unethical and/or illegal if it involves another associate or anyone acting on behalf of MedStar Family Choice. An associate's failure to report regulatory violations or false claims of which the associate is aware can lead to discipline. Any potential issue should be reported to the associate's supervisor, through the normal chain of command. If the associate does not feel comfortable reporting this matter to their supervisor or if otherwise has a compliance concern the associate may call the MedStar Health Integrity Hotline at 1-877-811-3411 or the Office of Corporate Business Integrity (OCBI) at 410-772-6606. Calls to the MedStar Health Integrity Hotline may be made anonymously. Associates can also email the Entity Compliance Officer directly or contact OCBI at [complianceofficer@medstar.net](mailto:complianceofficer@medstar.net) or contact the MedStar Family Choice MD or DC Directors of Medicaid Contract Oversight. In addition, associates may report a complaint through the MedStar Health intranet by using Starport.

### **Related Policies**

MedStar Health Code of Conduct

MedStar Family Choice Distribution of False Claims Act Information

### **Legal Reporting Requirements**

Any suspected violation of this policy must be reported to the MedStar Family Choice MD or DC Director of Medicaid Contract Oversight and the Vice President/Chief Compliance Officer which, in consultation with the MedStar Health Legal Department, will determine the need for additional reporting.

### **Reference to Laws or Regulations of Outside Bodies (as updated from time to time)**

False Claims Act, 31 U.S.C. §§ 3729-3733

Deficit Reduction Act of 2005

### **Right To Change or Terminate Policy**

MedStar Family Choice reserves the right to alter or revise this policy as necessary.